





## Suggested Hikes



### Hike #1: South River Falls Observation Point

2.6-mile round trip, moderate, 1 3/4 hours hiking time, 850-foot elevation gain, one stream crossing. Take blue-blazed South River Falls Trail. Cross the Appalachian Trail, but stay on South River Falls Trail to the stone-walled falls observation point. Retrace your steps to return.



### Hike #2: South River Falls Loop

3.3-mile circuit, moderate, 2 1/4 hours hiking time, 910-foot elevation gain, one stream crossing. Take blue-blazed South River Falls Trail. Cross the Appalachian Trail (A.T.), but stay on South River Falls Trail to the stone-walled falls observation point. Continue on South River Falls Trail to the trail post. Go left at the trail post; the trail is now blazed yellow. At the next trail post, go left. Ascend to the next intersection and trail post, where you will go left onto the white-blazed A.T. Continue south on the A.T. to the next intersection; go right on South River Falls Trail back to the starting point.



### Look for Trail Markers

You'll find these trail markers at all trailheads and intersections. The metal bands are stamped with directional and mileage information.

## Before You Go!

- Pets are not allowed on Fox Hollow Trail. Where allowed, pets must be on a leash at all times.
- Be sure you are physically able to complete the hike you've chosen.
- Take plenty of water—at least a quart per hour.
- Be sure you know your route. Free maps are available at entrance stations, visitor centers, and [www.nps.gov/shen](http://www.nps.gov/shen)
- When you return from your hike, check for ticks.
- Be sure someone knows where you are and when to expect your return.
- Leave what you find. Artifacts are protected by law.
- Please respect family cemeteries.



Leave No Trace Preservation through education: building awareness, appreciation, and respect for our public recreation places.